

Global Learning: Preparation

Goal Setting Assignment and Rubric

Assignment

Consider your goals for the program, and identify at least 2 but not more than 5 goals. What goals are you setting for yourself in the areas of cognitive, intrapersonal and interpersonal growth? You may have many goals in one area and no goals in another, or you may have a well-rounded set of goals that span all three areas.

For each of the goals that you identify, consider the following:

- Why is this goal important to you? What is the personal impact of this goal for you in the short and/or long term?
- How would you define success at that goal? What are some concrete ways that you can tell if you have succeeded at that goal?
- During your time abroad, when will you check in to consider your progress toward your goal?
- If you discover you are not meeting your goals, how might you work to get back on track?

Due to the personal nature of goal setting, this essay likely will not require references but you are welcome to use them if they are helpful. If you do use references, you must cite them but you may use whichever method of citation is most common in your field. Wikipedia may be helpful for brainstorming, but is not a good source in itself.

Grading Rubric

Requirement	Satisfies Requirement	Does Not Satisfy Requirement
FORMAT The essay is 500-1000 words and does not contain any significant spelling, grammar, or formatting errors.	Yes	No
TOPIC The essay identifies 2 or more goals for their program participation.	Yes	No
ANALYSIS 1 The essay explains the personal impact of the goals being set.	Thoughtful Consideration	Needs More Consideration
ANALYSIS 2 The essay discusses plans for how to measure success, checking in, and getting back on track.	Thoughtful Consideration	Needs More Consideration
CITATIONS The essay includes appropriate citations (if needed).	Citations Included	No Citations Included